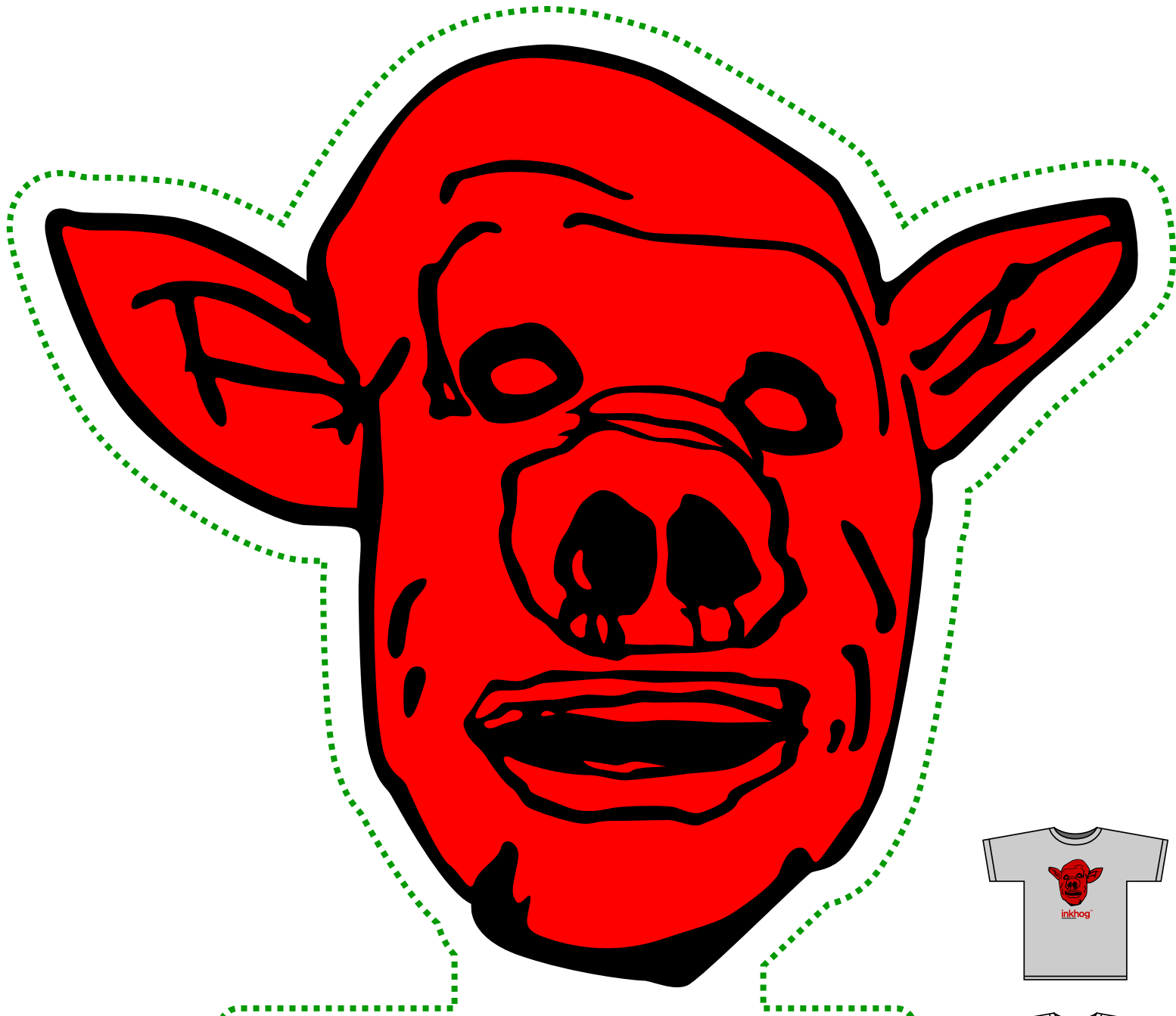


cut out



Use light-colored shirt for best results (white, grey, yellow, etc.)

